



From the Editors Desk

Happy New Year and welcome back to the next half of the season.

Good News! Membership continues to increase year over year at our club. When we started tracking statistics with the new web-based system in the 2016/17 season we had 118 active members. The club can now boast 173 active members! This is a 46% increase since 2016.

With increased membership there are more volunteer hands to help with club, facility or event management. This can be as simple as preparing sandwiches/squares for an event lunch, repairs to the building, running a bonspiel, or serving on the Board.

Some other interesting statistics; over November and December this year there were 1,720 unique visitors to the club web site and club Facebook page posts reach from 181 to over 550 people depending on whether the post is shared.

This is all good news for our club. As membership increases so does the club's financial security which was in jeopardy and continues to be a challenge. Visit and Share our Facebook posts often to help market the club.



Did You Know?

When lining up for your shot, the centre line on the ice means nothing! It's simply the starting point as you start your delivery from the hack and a reference point for the skip as he/she maps the ice.

For the best results for hitting the broom line up your body, knee, rock to the broom when setting up in the hack. This is when you stay in the square box of your body and rock. As you slide out you should be able to draw a straight line from the rock hand, knee and sliding foot.

The same works for stick curlers, as you walk out of the hack or from the center line of the ice, walk in a straight line to the broom with the stick and rock in front creating that nice straight line to the broom.

And Now for Something Completely Different

To Be 6 Again...

A man was sitting on the edge of the bed, observing his wife, looking at herself in the mirror. Since her birthday was not far off, he asked what she'd like to have for her Birthday.

"I'd like to be six again", she replied, still looking in the mirror.

On the morning of her Birthday, he arose early, made her a nice big bowl of Lucky Charms, and then took her to Six Flags theme park. What a day! He put her on every ride in the park; the Death Slide, the Wall of Fear, the Screaming Monster Roller Coaster, everything there was. Five hours later they staggered out of the theme park. Her head was reeling and her stomach felt upside down.

He then took her to a McDonald's where he ordered her a Happy Meal with extra fries and a chocolate shake.

Then it was off to a movie, popcorn, a soda pop, and her favorite candy, M&M's. What a fabulous adventure! Finally, she wobbled home with her husband and collapsed into bed exhausted. He leaned over his wife with a big smile and lovingly asked, "Well Dear, what was it like being six again??"

Her eyes slowly opened and her expression suddenly changed. "I meant my dress size, you dumb ass!"



Spaghetti 'Spiel Moments



SR MEN'S BREAKFAST
 Tuesday February 2
 7:15 – 10:00 am

MENU
 Scrambled Eggs
 Peameal Bacon & Sausage
 Baked Beans
 Toast
 Coffee & Juice

\$10/person

All proceeds to Curling Club Projects
 RSVP: Don Rouble, Bill Bowles, Ron Townson, Larry Beaton or Barry Hanniman



Strategy Corner

<p>Basic Strategy - With Hammer Objective - Score 2 Strategy: Keep 4' clear, Call to the corners</p>	
<p>Basic Strategy - Without Hammer Objective - Steal, keep opponent to 1 Strategy: Control/block 4', Call to the centre</p>	
<p>Basic Strategy - Mapping the Ice Objective - Know path of the rock for different speeds Strategy: Use t-line as a measuring stick, place your broom there when calling shots</p>	
<p>Basic Strategy - Team work Objective - manage rock path Strategy: sweepers call weight/speed, skip calls line, <u>Communication</u> is key!</p>	



Keep Your Broom Clean Off The Ice
Broom Covers \$5 ea.
 All \$5 goes to RCC Fund Raising
 Contact Barb Westgarth

Notable Notes

- ☺ The Renfrew Curling Rink's Tuesday Afternoon ladies celebrated their Christmas lunch with food donations and \$195 cash to the Renfrew and Area Food Bank.
- ☺ Day Ladies winner of Draw # 2, Scott Trophy are Yvonne Sklepowicz, Joan Eaton, Sharon Pearce and Ruth Blakely
- ☺ Congratulations to Sylvia Caouette who won the 2 event packages to the Scotties Tournament of Hearts.
- ☺ Check out scores for Autumn Leaves and Low Cup. Renfrew leading is in a tight race to win this year!
- ☺ Congratulations to the winners of the Red Anderson; Rob Warren, Russ Connors, Andy Beaugard, Kevin McSheffrey
- ☺ Wednesday Doubles curling has a full draw and is great fun. We need spares so come on out to try it. No spare fee for Wednesday evening to the end of the year.

Off The Ice with Sue Lanthier By Janice Moss

"Off The Ice" features a new member to RCR this season, so be sure to say, 'Hello' when you see her.

Q: Sue, you are new to the Club and new to the area having moved to Calabogie not long ago. What brought you here?

A: I moved to Calabogie a year ago last September. We have triplets: one is in Vancouver, one is in Saskatoon, and one is in Ottawa. We took a string (on a map) and went from my son's house, and we looked at all the areas that were an hour away from Ottawa. One of the spots we started looking in was Calabogie because we are avid ATV'ers, avid snowmobilers, we golf, we downhill ski, and we wanted to find an area where we could do all those things. We looked on both the Quebec and Ontario sides and this area had everything we needed. We live on the ATV and snowmobile trail, so we actually do all those activities right from our door and walk across the street to the golf course.

Q: How about grandchildren?

A: I have five grandchildren. My daughter has a set of twins, a boy and girl; and my son has three: a four-year-old, three-year-old and an eight-month-old. So, they're busy!

Q: Are you working or retired?

A: When we moved to Calabogie I was doing supply work for the school board and then I retired.

Q: Were you a teacher?

A: I am not a qualified teacher, but I have three degrees and I am fluently bilingual, so they hired me. We're both originally from Montreal and we grew up bilingual.

Q: What are your degrees?

A: I have a BA in Communications from Concordia; I have a Creative Arts degree; and I am a Horse Industry Technician. I went to Kemptville College when I turned fifty years old and lived in residence for a year to study and obtain Horse Industry Certification. I am a certified riding instructor with the Ontario Equestrian Federation. I wanted to learn all kinds of things about horses because I wanted to work with kids with disabilities, so I did my training in Toronto with the Canadian Therapeutic Riding Association and then was teaching kids with physical problems; and mental problems, as well.

Q: How did you come to decide to start curling?

A: One of my neighbors talked me into it. I have never curled before other than occasional activities, maybe two or three times when someone invited us to come and try curling. Then my neighbor, Sue Beaton said, "You need to come out and try curling. You're here all winter. You don't travel. It's a lot of fun and you're going to really enjoy it. It helps the winter pass and gets you out with other people. You'll love it."

Q: What leagues are you playing in?

A: I am in the Ladies' league on Tuesdays and the Mixed on Thursday afternoons.

Q: What are you finding to be the most challenging aspect of the game?

A: Weight! The weight of the rock, because I find that the ice is different all the time and you are constantly adjusting your weight throughout the game.

Q: What do you enjoy most about the game?

A: Actually, there are quite a few things I enjoy about the game. First of all, I love playing on a team and feeling I am part of a team, working together trying to score some points. I love even seeing my own development from the beginning when I was like Bambi on the ice, my legs and arms going every which direction. I've found I am slowly improving. Everyone has been so helpful with my development and how to throw a rock; my Skip, my friends, and so many women have given me tips and are helping me and seeing me progress. I've really appreciated that and I think I've learned to appreciate the game. I'm improving because of the fact that everyone has been so helpful in the development of my skills.

Q: So, you are going to be a lifelong member of Renfrew Curling Club?

A: Absolutely! I love it! It was funny because a girlfriend of mine said, "Sue, I could hear you right across the ice saying, 'I love curling!'" It's so much fun. It's not a game I ever pictured myself playing or nothing I ever imagined that I would like, but I love learning new things. This has challenged me and I'm having so much fun with it.

